



ABLE CHARITIES
HEPLING THE HELPLESS

PREM GHAR

(HOME OF LOVE & HOPE)

WE HAVE MADE ONE residence for 100 girls who have lost their parents. It is a wish, a dream that we will bring up these children with good food, accommodations and above all a type of education that will convert raw rural girls into first class citizens having high moral character, human values, and ethics and above all fully qualified to be a success story in their respective lives



2016
Annual Report

Mission

ABLE's mission is to improve the quality of life for people living in villages in general, with a specific focus on assisting orphans, widows and their children, by offering medical services, education, and vocational activities in an environment that is affordable, congenial and rural based.

Vision

ABLE's vision is to be a leading transparent and professionally managed non-profit organization addressing healthcare, education, and employment in rural India. It is the vision of ABLE to make an honest endeavour to ensure provision of healthcare and education to that segment of rural poor (orphans and children of widows) who are deprived of these basic facilities due to acute poverty and ignorance.

Introduction

The story of ABLE Charities is a saga of service, honesty, compassion and love for the downtrodden including orphans, poor widows, their children, and slum children. Set up in 1993 in a single 150 sq. ft. room, in a remote village Mitrol, Palwal (Haryana) on NH-2. about 75kms from Delhi (on way to Agra), ABLE Charitable Hospital has grown to being a 50000 sq. ft. 100 bed hospital. ABLE is an international registered charity, registered in UK and US as a non-profit organization. ABLE serves women, especially widows, their children and orphans. Having treated over 4,00,000 patients till date and currently we conduct over 700 major surgeries annually. ABLE supports and provides free education to 1300 orphans, children of widows and underprivileged children living in the villages around Palwal and in the slums of Faridabad. At ABLE, we endeavour to create awareness and sensitize both urban and rural society on various social issues through our different programs and events.



Our children from non-formal education centers on cleanliness drive



Providing Non-Formal Education to Children in slums of Faridabad



A group of orphan girls supported by ABLE CHARITY, studying in higher education



Annual Day Celebration-2016

From the President

Dear Friends ,

COMPLETING 25 YEARS IN THE FIELD OF SOCIAL WORK AND HAVING SERVED NEARLY A MILLION PEOPLE IN ONE WAY or the other in these two and half decades of life is varied experience. Tens of thousands in need of education, still more in need of free cataract operations and still more in dire need of medical service.



Prem Kumar Khullar

I had never visualized that I would get to meet so many people, construct tens of thousands of feet of buildings to work for the poor in villages. And now the construction and completion of an orphanage for the girls is dream a which is going to be fulfilled IN THE FIELD OF making lives of that segment of humanity i.e. little girls who are destined for a worst future if not cared by anyone having a heart to give love , a home and desire to take them to pinnacle of success if properly guided and given full facilities of life to progress which I intend to do.

IN one field where we worked for nearly 20 years is to educate the children who would have grown up totally illiterate is the education of children living in slums .It is no fault of these children that they do not go to the school . Their parents do not have any one place of work and they go to find work where they can get a job for some time . So the principle which we made "IF CHILDREN CAN NOT GO TO THE SCHOOL, LET THE SCHOOL GO TO THE CHILDREN " IN these decades nearly 20000 children must have passed from our make shift schools just the kind where children live. It is now only that we have given them uniforms, shoes and also water. NO doubt it is because of one of our dedicated volunteer, Shri Yash Singal.

With over 5000 old people having been operated for free cataract operations, thousands of very poor widows having been treated free, scores of orphan girls and daughters of widows educated beyond 12th and acquired qualification to earn living to help their families and brighten the future of their siblings themselves, tens of thousands given a feel of literacy in our slum schools, we are not sitting back and basking in glory of past but launching our orphanage for 100 girls by May 2017 and a small school for the orphans in three months.

We at ABLE are not going to sit on our good past and laurels but continually aspire to do more for the weaker segments of Indian society.

With Best Regards,

Prem Kumar Khullar, Squadron Leader (Retd)

President, ABLE Charities

ABLE CHARITIES-Welfare Activities (Faridabad)

Non Formal Education Centers Faridabad-Education at Their Door Step.

Over the six years, ABLE CHARITY has played a pivotal role in changing the way parents from underprivileged backgrounds view education. They no longer consider education a luxury, but a means of uplifting the family's economical status. However, despite this newfound attitude, some parents have no choice but to have their children sit at home because they live in a remote area of the city and keep on moving from one place to other. So it becomes difficult for their children to attach themselves with one school.



Being an NGO dedicated towards quality non-formal education of the children, ABLE chose to remedy this by coming up with the concept of school unit called EDUCATION AT THEIR DOOR STEP. Under this programme, we open the non formal education centers at places where they live. At present ABLE is catering to the needs of approximately 1000 children annually.

The staff works closely with the community and conducts regular parent teacher meetings and home visits to create awareness.

Even ABLE YOUTH organized the education drive during their vocations from April 2016 to June 2016.

Intro of Tablets at Non Formal Education Centres



Nucleus Software Exports Limited an Indian global IT products and solutions company serving the Banking and Financial Services sector for the past 27 years. It offers wide range of IT solutions and consultancy services serving a variety of sectors of the banking industry. The company has its headquarters in Noida, Uttar Pradesh, India and it operates in more than 50 countries.

15 tablets were provided by the Nucleus Software Foundation Noida. A special syllabus was installed in these tables for children learning are attractive and fun.

The attendance and retention of children in school is increased rapidly due to this devise. Besides Ms. Madhu Dwasad one of the founder trustee of the Foundation visited our hospital and donated a YAG LASER a very important equipment for our Free Eye Cataract Surgeries Program for poor.

Summer camp for children by Global Marketing Gurugram

S&P help market participant's measure relative credit risk through our credit ratings research and analytics. We regularly assess our ratings methodologies to adjust to changes in world economies and markets.

They took our 40 children on Delhi tour. They visited India gate, Qutab Minar, Rail museum, Nehru platinum. The day was fully enjoyed by the children and staff members of Global Marketing.



Preventive Health Awareness camp



Keeping our health mission in mind ABLE CHARITY organized three preventive health awareness program at our 36 gaz centre started from 3rd Jan.2016. This was done with support of UNFOLD Foundation, Faridabad.

Celebrations



All centers celebrated the two national days like Republic Day and Independence Day. Besides this Lohri festival was celebrated with the support of one Rotary Club Central. Lohri is celebrated every year on 13th of January. It is a festival to worship fire. Lohri Festival is celebrated with great pomp in North India. At this time Earth starts moving towards the sun marking the auspicious period of Uttarayan.

Besides this Diwali, Children's Day and Christmas Day was celebrated at each centre of ABLE CHARITY.

International Women's Day Celebrations



Mrs. Neeti Sethi
Company Secretary of NSIC India

We celebrated International Women Day on 8th March, 2016 with the Chief guest Mrs. Neeti Sethi Company secretary of NSIC India and Mr. D.K. Bhatia Branch Manager Faridabad as guest of Honour. The program was attended by 1000 women who have been supported by ABLE CHARITY since many years. Program was ended by words of BR Ambedkar

“I measure the progress of a community by the degree of progress which women have achieved.”

Annual Day Celebration

ABLE CHARITY celebrated its 25th Annual Day on 18th Sept 2016 with the live theater “EK TU AUR EK MEIN” with the chief guest of Mr. Rajeev Chawla, MD I Am SIMI India. The program was attended by 250 people from Faridabad. The theme of Theater was to portray the dark side of judiciary and complaining about Law and Jail System.



ORS Day Celebrated



On 29th July 2016 ABLE CHARITY distributed 500 packets of ORS among our needy children at our Non-Formal Educational Centers which ABLE runs for children who live in slums of Faridabad. Only two decades ago diarrhoea was responsible for around 5 million deaths annually. Through major public health efforts primarily aimed at preventing and treating dehydration this figure has decreased to around 2 million deaths. Prevention of dehydration is primarily achieved by ensuring that children with diarrhoea are provided with more fluids than usual, and/or increased frequency of breastfeeding, during the acute episode. The combination of increased home fluids and the use of Oral Rehydration Salts (ORS) for the treatment of dehydration have proven to be a very

powerful intervention for the prevention of childhood deaths from diarrhoea.

Cricket Match between ABLE YOUTH team and Children from our Non-formal Education centres



Christmas Day Celebration



Ketto Campaign

Blindness is one of the most significant health related social problems in India. Cataract and refractive errors are major causes of blindness and low vision. Most blindness and low vision burden is avoidable. Both national level surveys and micro-level studies have shown extremely high level of blindness caused by cataract in India. To remove this problem at least from district i.e. Palwal, ABLE left no stone unturned and raise funds for providing the Free Cataract Surgery to Poor Needy people at Palwal.

Taking this mission ahead in July 2016 ABLE CHARITY started a campaign for on line donation to raise funds for Free Eye Cataract Surgeries for Poor rural people at Palwal, Haryana.



Welfare and Health Services by ABLE CHARITABLE HOSPITAL, Behrola, Palwal.

Services by General Department

A gynecologist joined us in June 2016. This was a dream come true. We were looking for one for years. The attendance of patients who needed services of gynecologist increased. Since she is highly qualified doctor, she launched the laparoscopy operations also. Even she did many awareness programs with rural women on different health issues practically of women.

Total Number of gyni surgeries were 430 in 2016 and department carried 73 camps on women problems.

Services by General Surgery department

The awareness program aims over the course of the year to reach out to over 5000 physicians across the country, advising them on a range of topics related to depression and its incidence, screening and treatment and giving participant's material for easy reference such as videos, articles, quizzes and handouts.

Total Surgeries done by ABLE HOSPITAL in year-2016 were-560.

Services by Eye Centre

Our eye centre for the poor and needed is really rendering yeoman service in the hinterland. Free cataract operations are really serving the community. Old people from far flung areas are brought to the hospital, operated upon, kept in the hospital for a day or two as required and when found to be fully cured are dropped to the respective villages. Over 1200 operations were done last year.

Mr. Bobby Khullar in US headed a movement to collect funds so that we could do Free cataract operations in our area. With their help we did over 600 cataract operations in the period of five months.

National Small Industries Corporation showed great consideration to reduce blindness in the country. They gave funds to do 500 cataracts, operations in three months which we completed well in time.

Our projects are of great importance to the very needy that would have either not progressed in life but for the education support given by ABLE or may have become blind but for the intervention of ABLE. This involve going to the villages, identifying the cataract card, bringing them to the hospital carrying out the operations and dropping them back.

Cancer Awareness Camp



ABLE CHARITABLE HOSPITAL PALWAL, organized two cancer awareness camps with the partnership of Cancer Aid Patient Association, Delhi.

Cancer is a leading cause of death worldwide. It accounts for 7.4 million deaths (around 13% of all deaths) in 2004. Cancer often creates fear which comes out of ignorance and misconception. More than 30% of cancer cases could be prevented by modifying lifestyle or avoiding key risk factors. About 1/3rd of cancer cases could be reduced if cases are treated and detected at an early stage.

Since 2014, the ABLE CHARITY conducts two Cancer Awareness Programs in a year which have benefited more than 300 participants.

Dental Department

We started dental centre with much fanfare Dr. Rajesh Tiwatia and Dr Manish both super specialists operated very serious cases in our hospital. Dr. Rajesh provided a new chair and some very important equipment required to run a good dental centre.



Though ABLE CHARITY MISSION is yet to achieve but still journey of 25 years have been satisfactory. Below is few glimpses of our journey so far.



Bharti Goyal is working as a computer lecturer, has been supported for her Bsc degree in computer.



Ajeet Singh working as sales manager at CADILA Pharma Pvt Ltd, supported from 7th class to Diploma in Pharmacy by ABLE CHARITY



Rajwati is in 12th class, has been supported since 3rd class.



Rajesh, doing degree in Architecture, has been supported since 6th class.



Meenu is in 12th class, has been supported since 7th class



Priyanka, doing degree in BMLT at Rishikesh, has been supported by ABLE since her 6th class.



Sunil who is serving in Indian Army, has been supported from 6th to 12th class



Glimpses of achievement of ABLE HOSPITAL, PALWAL-2016

Number of Patient served by Hospital - **43082**

In Camps - **32388**

At Hospital - **10694**

ABLE Charities Thank All The Supportees and Donors

Members of executive council of ABLE Charities (India)

Sh. P. K. Khullar
Sh. Om K. Khullar
Sh. Jagjit Lal
Mrs. Rani Lal
Mr. S. C. Mahna
Mr. Rajesh Mahna
Ms. Geeta Khullar

Thanks to Members of ABLE Charities (Faridabad Team)

Sh. Anand Mehta
Sh. Atul Chopra
Sh. Harsh Rampal
Mrs. Neeta Aneja
Mrs. Alka Khanna

Thanks to our Special Donors (From Faridabad, Gurgaon)

Sh. Rajiv Chawla
Mr. Virender Khullar
Mr. H.S.Banga
Mr. Shanti Lal Jain
Mrs. Priyanka Garg
Mrs. Charu Sachdev

Ms. Suruchi (SHE Parlour)
Mr. Vijay Adlakha
Mr. Ajay Adlakha
Mr. V.K.Choudhary
Mr. Vevek Ghai
Mr. Amarjeet Kochhar

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(Baddi Foils Pvt. Ltd)
Mrs. Surender Soi
Mr. Ajay & Mrs. Radhika Bahl
Ms. Rita Tuli
Ms. Prabha Whig & Family
Mr. Inderjeet Kochhar

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Mr. Raj Singh (Advocate)
Dr. Ashima Kalra
Principal. Narayan Singh

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Public Charitable Trust.

Ramco Steels Private Limited,
Faridabad.

And all the Doctors and Staff of ABLE Charitable Hospital, Palwal

**HELP US TO HELP THOSE WHO CAN NOT HELP THEMSELVES.
I WOULD LIKE TO DONATE**

USA: ABLE USA Inc. Charity Number DLN17053260015033 as per IRS letter dated Jan 13, 2004.

ENGLAND: ABLE Charitable Trust. UK Regd. Charity No 1067010.

INDIA: ABLE Charitable Hospital, Charity No. S/25077 of 1993 (Delhi)
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For bank details & addresses in respective countries contact :

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DONATIONS CAN BE MADE IN ANY OF THE COUNTRIES WHERE IT IS TAX EXEMPT



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