



ABLE CHARITIES
HEPLING THE HELPLESS

**Do not look down
on somebody unless
you're helping
someone to get up.**

2015
Annual Report



Mission

ABLE's mission is to improve the quality of life for people living in villages in general, with a specific focus on assisting orphans, widows and their children, by offering medical services, education, and vocational activities in an environment that is affordable, congenial and rural based.

Vision

ABLE's vision is to be a leading transparent and professionally managed non-profit organization addressing healthcare, education, and employment in rural India. It is the vision of ABLE to make an honest endeavour to ensure provision of healthcare and education to that segment of rural poor (orphans and children of widows) who are deprived of these basic facilities due to acute poverty and ignorance.

Introduction

The story of ABLE Charities is a saga of service, honesty, compassion and love for the downtrodden including orphans, poor widows, their children, and slum children. Set up in 1993 in a single 150 sq. ft. room, in a remote village Mitrol, Palwal(Haryana)on NH-2. about 75kms from Delhi (on way to Agra), ABLE Charitable Hospital has grown to being a 50000 sq. ft. 100 bed hospital. ABLE is an international registered charity, registered in UK and US as a non-profit organization. ABLE serves women, especially widows, their children and orphans. Having treated over 4,00,000 patients till date and currently we conduct over 700 major surgeries annually. ABLE supports and provides free education to 1700 orphans, children of widows and underprivileged children living in the villages around Palwal and in the slums of Faridabad. At ABLE, we endeavour to create awareness and sensitize both urban and rural society on various social issues through our different programs and events.



Our chairman Mr.P.K.Khullar setting with Governor of Haryana Mr.Kaptan Singh Solanki



15th Aug celebration with celebration in slums at ABLE Non-formal Centers, Faridabad



Our on going GULAK project



Our Faridabad team with Governor of Haryana

From the President

Dear Friends ,

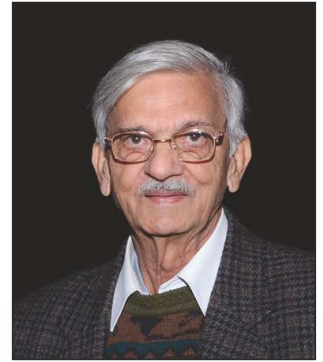
Working for social cause is one work where every day can be a challenge and where every day brings some reward in one way or the other. Small problems bring a new challenge like a person comes for free cataract operation and his normal blood pressure becomes suddenly 110/ 190 and there is panic as he is becoming semi conscious. In the same breath an old man is brought to me informing that as per the records he is 106 years old and he has been brought for FREE CATARACT OPERATIONS. WHAT A PLEASURE to meet him, grand old man who was still working being the headman of the village. Keeping in view tens of thousands of pending cases in our district, we decided to do 2000 free cataract operations and launched our program with much fanfare informing to all and hoping for help. Finally NSIC chipped in with funds for only 500 operations and H.E. THE GOVERNOR OF i.e. our state HARYANA ALSO HELPED WITH INR 500000/ . It immensely helped. We stand obliged to him for this. Some good people came to help and we crossed the number of 1000. On the social side we jumped to over 1200 children in the schools in the slums. Education program for the orphans also got a boost and we crossed the number of orphans with us to 165 this year. Since distance help to the orphans does not let us control and plan the lives of the girls, we decided to construct an orphanage for 100 girls in our own premises. The Main reason was that very often the orphan girls are married off at very young age and we even did not know about it till very late even though we were supporting them for years.

Our target & dream of 2000 FREE cataract operations in the district of Palwal still remains. With the new management in the USA headed now by Mr. Bobby Khullar and Mr. J.L. Soni in England, Mrs. Rani Lal in India, we hope to get a big boost in terms of financial support. With their support from abroad and our own effort in India we hope to do much better in this year of 2016.

I shall be failing in my duty if I do not acknowledge with deep gratitude the support of H.E. THE GOVERNOR OF HARYANA Mr.Kaptan Singh Solanki, NSIC, Sh. H.S. Banga, Sh. Gurmukh Singh, Sh.Vivek Ghai , Shri Bansal from Palwal and many more--- My ardent and fervent thanks to all who have come forward to help us in the service of poor slum dwellers and orphans without whom we would not have been able to do anything.

With Best Regards,

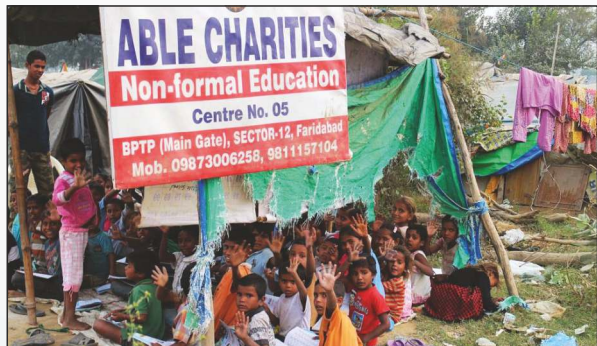
Prem Kumar Khullar, Squadron Leader (Retd)
President, ABLE Charities



Prem Kumar Khullar

ABLE CHARITIES-Welfare Activities (Faridabad)

Non-Formal Education Centers at Faridabad



A series of schools have been established for providing free education to the underprivileged children in 2015. This initiative focuses on children of the slum dwellers and those coming from below poverty line families. In addition to providing teachers, free text books and stationary is being provided to around 1200 students at Faridabad. We have established a chain of free schools increasing the number from 6 to 11 there by increasing the intake of students from approx. 400 to over 1000 now for the underprivileged. These schools cater to children coming from marginalized families, slums and unorganized migrant labor communities, with the

aim of realizing their aspirations of studying in quality establishments. Apart from the focus on providing free instruction and improving the knowledge base of the students, these schools also promotes and emphasize on confidence building and personality grooming. We also promote the concept of volunteerism and encourage engagement of community volunteers in the running of these schools. ABLE'S schools ensured regular attendance among all students. The overall attendance was 81.1%

International Women's Day Celebrations

15th March with the chief guest Ms. Sharmila Sahai, MD TIMEX India Pvt Ltd and Mr. Sanjay Wadwa, President Rotary Club Faridabad Central as guest of Honour. "I measure the progress of a community by the degree of progress which women have achieved". --B. R. Ambedkar. The theme for the Women's day this year 2015 is "Empowering Women—Empowering Humanity: Picture It!". The theme "envisions a world where each woman and girl can exercise their choices, such as participating in politics, getting an education, having an income, and living in societies free from violence and discrimination" according to the official United Nations statement. But is this really happening in the society, how long we need to wait for this to happen were the opening words, Said by Chairman of ABLE Charities further he added, March 8 is celebrated by millions of women around the world as a day of struggle for women's emancipation.



Painting competition, at ABLE Charity ABLE in weeks



Medical Checks up & Specialist Camps-14.1.2015



Specialist Health Camps are integrated as part of our community healthcare programmes. To achieve our mission of good health, we conducted full preventive and corrective health check up of 300 children living in BPTP slums of FBD on 14.03.2015. A second follow up camps were held on 26th & 29th March respectively. Along with consultation need based medicine was given to each child in each camp. This was conducted with the support of by Dr. Neeta Dhabai and Dr. Sudip Gupta Specialist in PAEDIATRICS – MEDICINE Sec-37 and Child specialist Dr. Shilpi-sec-09.

Makar Shanranti

On 14th Jan Hindu parv Makar shankranti was celebrated with the children in slums of Faridabad. A community lunch was organized at BPTP main centre for 275 children

Valentine's Day



ABLE Youth celebrated its Valentine's Day with children in slums as these children give love a meaning and that is why it makes each member proud to be associated with them. A thumb painting event was organised which made these little cuties participate enthusiastically and happily. They were given prizes for their growing talent and skill. It was a successful event and everyone moved out with happy faces and lovely memories.

Sports Day

ABLE Youth organised a Sports Day on 15th February for the slum school children to make them understand the meaning and importance of sports in our lives. The event started with a talk on how healthy it is to play sports regularly. The children were then taught simple warm up exercises. They enjoyed and learned these exercises very well. Two races were also held - lemon and spoon as well as sprinting race. Children actively participated in both the races. Prizes were given to the winners after the program refreshments were given to all the children.



Education Drive

On 2nd April, ABLE YOUTH started its EDUCATION DRIVE with the objective of segregating the slum school children on the basis of their level of learning and for this a maths test was conducted in three slum schools simultaneously at BPTP, Greater Faridabad centres. The response was very good and it surged in us the feeling of improving these children to such a level that they can compete with the world outside. We thank our members for making this initiative a great success.



Freeze Mob



Often we look and ignore; often we speak and forget and often we feel but why do we care so less? Here, we are talking about those unfortunate children who are victims of child labour and illegal adoption. Why have we become so insensitive and so indifferent that money, profit and selfish motive is all that drives us and not humanity? The rate at which child labour exists today is horrendous. According to International Labour Organisation World Reports, one in every eleven children in India is working and 56 percent of working children are no longer studying. Moved by the dolorous status quo, we, the ABLE Youth, decided to increase

sensitisation and awareness for the same. We organised various flash mobs both in Delhi and Faridabad as a part of our effort; Connaught Place, Select City Walk and Sector 15, Faridabad to name a few places. With a hope that one day there will come a time when things will change for better. We are always going to fight against it to our best capacity and capability. Because it's rightly said: Little by little, fills the pot.

Christmas Celebration Spreading Smiles...

ABLE always strives to provide the children with hopes and space to create and build their own world of imagination which will help them realise what lies beyond their tiny little world. It strives to give them opportunities which provides them platform to dream and a constant support to achieve. We are talking about those special children who once didn't have any access to education which today unfortunately in India seems like a privilege and luxury. ABLE organised a Christmas event for these children with participation from ABLE Youth members who helped to organise and make this event a huge success. We organised a competition wherein they were asked to use their creativity to make the best poster they can with the provided material base. Their dedication and zeal made it all worth the effort. We will always continue to work to spread more and more smiles and to more and more of them.



Annual Day

Annual day celebration by ABLE is celebrated every year on 18th September. This was special day for the complete family of ABLE and all the supporters, beneficiaries of ABLE as His Excellency Prof. Kaptan Singh Solanki attended the function as chief guest. The highlight of the function was dance/drama presented by the small children studying in our schools. H.E. the Governor greatly appreciated the effort and the development in the children belonging to the poorest section of Indian society living in slums. The Governor being very happy with our work donated Rs. 5 lakhs (\$8500) for ABLE.



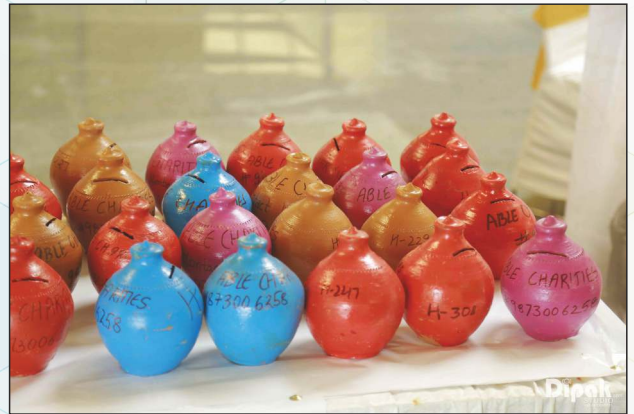
UK Students

From time to time every year foreign students come over and stay in the guest house of our hospital. Foreign students come and show great interest in the education and medical services provided to nearly 1700 children under our education programming of ABLE CHARITY. During their stay of about ten days, the students from England were taken to the schools in the villages where 150 orphans and 300 children of widows are being educated. They also were taken to the best possible schools of the city of Faridabad i.e Delhi Public School, St. Columbus School, Araveli Public School Faridabad. The Students were impressed by the high standard of education in the Indian Schools. Visit to the schools run by ABLE CHARITY was the hall mark of their visit. They went to the Schools in the slums, played, danced and interacted with the children. They promised to do work and raise funds for ABLE so that the quality and quantity of education in the schools in the slums can be improved. Visit of foreign students is remembered because of Mr. Tony, the head of the group and Ms. Puneet. They are our ambassadors in the UK.



Diwali Celebration with Gullak (Distribution at Diwali Mela, Sec-17)

ABLE Youth took its Gullak initiative one step ahead by setting up its stall at Diwali Mela organised in Sector-17 Community Centre. With an aim to make ABLE a household name and to create awareness, the children of ABLE Youth introduced the concept of ABLE to many visitors and distributed Gullaks. The Gullak Project forms a major part of ABLE's finance. Just by making people save pennies, we aim to run our organisation and at the same time create sensitization towards those unfortunate millions. Gullak Project is an initiative of members of 'ABLE's Youth' alone who have whole heartedly taken the responsibility of providing the children of ABLE's slum school with every facility their education demands. With a total now of twelve working slum schools, we intend to expand the reach of education to every corner in the city of Faridabad.



Our girls students at Non-formal centers getting training of self defense from Women Police officials



Medical Activities at PALWAL

The hospital working in 2015 was very encouraging. Our main project of FREE CATARACT operation took off like a rocket for us. By the time we got an efficient doctor helping to do the work as required. Where on we did only about 600 operations in the previous year, we did over 1100 operations in 2015. As an arrangement, we started working with villages around the hospital. One by one all the people having cataract were identified. They were motivated to get the operation done. In our point of view not more than 10 to 15% of people in view of cataract operation were left out. Slowly we started moving outwards.



Presently we are covering villages which are located between 20 to 40 Kms from the ABLE HOSPITAL. A total of 195 camps in the villages were held. The results were obvious. It is our fervent hope that if we get the due financial aid, we should be able to cover more than 50% of the villages and equal percentage of people in need of cataract operation. The high point of this work is that we came across Sh. Chajjan from village Lakhnaka, Palwal. He was operated upon at ABLE'S ASEEM KHULLAR EYE CHARITABLE HOSPITAL. The highlight of this information is that Sh. Chajjan is 106 years. He is fit, has a normal blood pressure and no diabetes. We did very much better in the field of general operations.

We again crossed 500 operations. Apart from the above, we did OPD of 36000 people. Our team held 195 camps in 92 villages. 1170 poor widows, who are covered under which they pay only Rs 250/-(\$3.5) per year were treated in the hospital totally free. Expenditure was made to the tune of Rs 300000/-(\$4300). We have also started the dental centre again with a doctor who has MDS to his credit and another dentist who has 15 years of experience.



Our chairman Mr.P.K.Khullar with Mr Chajjan Singh 106 years old person operated at ABLE Hospital,Palwal.



ABLE's staff is checking the Eyes during the NSIC camps

ABLE Charities Thank All The Supportees and Donors

Members of executive council of ABLE Charities (India)

Sh. P.K.Khullar
Sh. Om K. Khullar
Sh. Jagjit Lal
Mrs. Rani Lal
Mrs. Shailaja Lal
Mr. S.C. Mahna
Mr. Rajesh Mahna

Thanks to Members of ABLE Charities (Faridabad Team)

Sh. Anand Mehta
Sh. Atul Chopra
Sh. Harsh Rampal
Mrs. Neeta Aneja
Mrs. Alka Khanna

Thanks to our Special Donors (From Faridabad, Gurgaon)

Sh. Rajiv Chawla
Mr. Virender Khullar
Mr. Gurmukh Singh
Mr. H.S.Banga
Mr. Gurnam Juneja

Mrs. Priyanka Garg
Mrs. Charu Sachdev
Mr. Pinky Katyal
Ms. Suruchi (SHE Parlour)
Mr. Vijay Adlakha
Mr. Ajay Adlakha
Mrs. Mala Gupta
Mr. Narender Sharma
Mrs. Vibha Singh
Mr. V.K.Choudhary
Mr.Vevek Gai
Mr.Amarjeet Koachar

Thanks to our Special Donors (From Delhi)

Mr. Om K. Khullar
(Baddi Foils Pvt. Ltd)
Mr.B.R.Sikri
(CEO, ABS Mercantiles)
Mr. R.C. Juneja
(CEO, Mankind Pharma)
Mrs. Surender Soi
Mr. & Mrs. Radhika Bahl
Ms. Rita Tuli
Ms. Prabha Whig & Family
Mr. Vinod Kashyap
Mr. Baldev Raj Bhalla

Mr. Sanjay Khurana
Mr.Inderjeet Koacher

Thanks to Members of ABLE Charities (Palwal Team)

Mr. Dhariye Bhardwaj
Mr. Sawtantra Goyel
Dr. Amita Gupta
Dr. Manju Saluja
Dr. Rajeev Aggarwal
Mr. Raj Singh (Advocate)
Mr. Virender Pahuja
Principal. Narayan Singh

Thanks to

Roraty Club, Faridabad Greater
All members of ABLE YOUTH
Concern India foundation,EIS
Technologies Pvt. Ltd, Hyadrabad,
Roshan Lal Public Charitable
Trust, Noida

And all the Doctors and staff of ABLE Charitable Hospital, Palwal

HELP US TO HELP THOSE WHO CAN NOT HELP THEMSELVES. I WOULD LIKE TO DONATE

USA: ABLE USA Inc. Charity Number DLN17053260015033 as per IRS letter dated Jan 13, 2004.

ENGLAND: ABLE Charitable Trust. UK Regd. Charity No 1067010.

INDIA: ABLE Charitable Hospital, Charity No. S/25077 of 1993 (Delhi)
ABLE Charities, Yes Bank, Acc.No: 006990300000048, IFSC Code: YESB0000069

For bank details & addresses in respective countries contact :

E-mail : ableindia@yahoo.com | website : www.ableindiacharities.com | Mobile : 00-91-9811157104

DONATIONS CAN BE MADE IN ANY OF THE COUNTRIES WHERE IT IS TAX EXEMPT



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Major Sponsors & Donors:

