Nurtures With Love Filled With Hope My Life Is Now Has Got Scope.







Introduction

The story of ABLE Charities is a saga of service, honesty, compassion and love for the downtrodden including orphans, poor widows, their children, and slum children. Set up in 1993 in a single 150 sq. ft. room, in a remote village Mitrol, Palwal (Haryana) on NH-2. about 75kms from Delhi (on way to Agra), ABLE Charitable Hospital has grown to being a 50000 sq. ft. 100 bed hospital. ABLE is an international registered charity, registered in the UK and the US as a non-profit organization. ABLE serves women, especially widows, their children and orphans. Having treated over 5,00,000 patients till date and currently we conduct over 700 major general surgeries annually. ABLE supports and provides free education to 1400 orphans, children of widows and underprivileged children living in the villages around Palwal and in the slums of Faridabad. At ABLE, we endeavour to create awareness and sensitize both urban and rural society on various social issues through our different programs and events.



Our Chairman with newly born girl rescued by ABLE



One of the efforts out of various fund raising activities-Gulak (Piggy Bank) Project



Patients at ABLE Hospital, Palwal



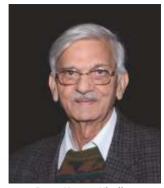
Puja (Hindu Prayer) on ABLE Annual Day Function-2017

From the President

Dear Friends,

It is always a pleasure to write a note every year to wish everyone as very best in the coming year. We pray for health and happiness for everyone.

LAST YEAR TURNED OUT to be a year of great satisfaction as some of our dreams came true.



Prem Kumar Khullar

DNA of every human being the same, so I desired to look after all human beings who have been deprived of the medical or educational facilities. With great endeavour we were able to make the lives of tens of thousands of children rotting for want of nutritious food, good education and good health facilities spread over 25 years.

Hence I personally have been dreaming for a long time to run an orphanage for girls. After two years of great effort, we were able to complete a HOME OF HOPE for girls with a lot of facilities for girls. 30 girls joined us on 5th June 2017. We celebrated it a with a gala lunch for the girls with a host of guests.

We got a challenge given by a donor i.e. to do 1000 free cataract operations in just 75 working days. We took the challenge and working on it.

IN the coming year we hope to start our medical school where we plan to give a very high quality medical education for rural children.

I would be failing in my duty if I do not convey my heartfelt thanks to huge number of donors without whose help we just could not do so much work for the good of that segment of humanity which needs so much and would have suffered but for the work done by us. Our staff put in ceaseless work to achieve and succeed in our challenge.

I wish to appeal to all to continue to help in our ventures to improve the society through improvement of those children who are helpless.

Thanking you

Yours sincerely

PREM KUMAR KHULLAR

President, ABLE Charities

ABLE CHARITIES-Welfare ACTIVITIES at Palwal PREM GHAR (HOME OF LOVE)

For decades we have been identifying poor or orphan girls in the villages of our district and educating them in private schools in the villages so as to improve their chances of better lives. It has been always our endeavor to give some skill development oriented education so that they can earn some good living and not be dependent on the husbands.

We have been successful in our endeavor to large extent but on one area where we felt we were by-passed by the relatives of the girls esp. orphan girls was our inability to stop early marriages of the girls . To be



able to give the girls full potential, the only way out was to have our own home for orphan girls.

On 6th June we were able to make our own home for girls. We got 20 girls from a very derelict home for better living and of course, better medical and education to girls. All this as if a dream has come true.

MARRIAGE OF AN ORPHAN GIRL



One of our girls namely –ASHA who joined us was unfortunately not studying at all. Even though she was about 20 years old was not able to carry on with her studies and regretted her inability to study further and marry instead. Hence we got on to marry her and found a suitable match for her. Marriage was solemnized with much funfare.

The main work of ABLE has always been to save the girls from birth to death. We did it earlier and did this year also. One woman from the city rang up in the

morning telling that a girl has been born who might be eliminated so you can take the girl. We readily went and collected the baby. The baby has been taken care and kept under doctor's supervision since she completed neonatal care period. As per govt rule no child care institutions can keep newly born or a child under 6 years of age, the girl is referred to child working committee, Palwal. I decided to keep her but due to my age of 80 years, this was considered unsustainable. Hence we got her adopted through Govt. Agency.



International Women's Day Celebrations:

8th March women day celebrated with Nidhi Panchal, Head HR at Auto Lek, as chief guest. The program was attended by 100 girls and women who have been supported by ABLE CHARITY since many years. Like every year program was followed by nice launch.



ABLE CHARITIES-Welfare Activities (Faridabad)

Non Formal Education program Faridabad-Education at Their Door Step.



Since ABLE CHARITY support and taking care of those children cannot be part of regular education for various reasons. So like every year we went to a community which is located between Old Railway station and NH-8 in the year 2017. We opened one non-formal Education Centre their and started from a very base. The children here mostly involved in begging and rag pickings. Making them sit at ABLE centre was not easy with the support of our dedicated volunteer Mr. Yesh Single by the end of year children are not only getting attracted to our centre but also by the end of Dec. 2017 40 children

from the location were enrolled with regular Govt School at Sant Nagar Faridabad.

- Over all the children enrolled with our centers were taught on followings basis.
- Recognizing numbers up to 100
- Two digit addition and subtraction
- Comprehending short stories
- Reading simple and short paragraph



Over the eight years, ABLE CHARITY has played a pivotal role in changing the way parents from underprivileged backgrounds view education. They no longer consider education a luxury, but a means of uplifting the family's economical status.

Sawach Bharat Activities





Like every year ABLE CHARITY takes the Sawach Bharat Program carry forwarded this year also and does various activities to achieve the Sawach Bharat mission.

Summer camp for children by S&P Global Marketing Gurugram-

S&P help market participant's measure relative credit risk through our credit ratings research and analytics. They regularly assess our ratings methodologies to adjust to changes in world economies and markets.

The company has been supported our non-formal program for two years from 2016. They took our 40 children on Delhi tour. They visited India gate, Qutab Minar, Rail museum, Nehru





platinum. The day was fully enjoyed by the children and staff members of Global Marketing. Then a lunch program for our orphan's girls was organized at Prena Dham Sec-15 Faridabad with various Fun activities.

Organic Farming at PREM GHAR -HOME OF HOPE





The Vedic system emphasizes how food that we eat is interconnected with our physical being as well as our mental consciousness. At ABLE Charities - "PREM GHAR" -HOME OF HOPE - We support our children to grow their own organic food. In this process they associate with nature and become accountable for their food/health.

CELEBRATIONS

All centers celebrated the two national days like Republic and Independence Day. Besides this Lohri festival was celebrated with the support of one Rotary Club Central. Lohri is celebrated every year on 13th of January. It is a festival to worship fire. Lohri Festival is celebrated with great pomp in North India. At this time Earth starts moving towards the sun marking the auspicious period of Uttarayan.

Besides this Mother's Day, CHILDREN'S DAY and Christmas Day was celebrated at each centre of ABLE CHARITY.













Ketto Campaign

Blindness is one of the most significant health related social problems in India. Cataract and refractive errors are major causes of blindness and low vision. Most blindness and low vision burden is avoidable. Both national level surveys and micro-level studies have shown extremely high level of blindness caused by cataract in India. To remove this problem at least from one district i.e.Palwal ABLE left no stone unturned and raise funds for providing the Free Cataract Surgery to Poor Needy people at Palwal.

Taking this mission ahead In Oct. 2018 ABLE CHARITY started a campaign for on line donation to raise funds for Free Eye Cataract Surgeries for Poor rural people at Palwal, Haryana.



ABLE CHARITY LONDON

With the support of ABLE management team from Nothigham and team of volunteers from London two charity dinners were organized at England on 7th July and 15th July 2017 respectively. Both the dinner was a huge success as Nottingham dinner was attended by 120 people and London dinner by 80 people.

One Kind Act London donated 9000 pounds for our HOME FOR HOPE at Palwal.

OKA is a non-partisan, non-religious, non-affiliated London based organisation that will put money into projects to truly help feed the world. We aim to help bring about a sustainable change and not just change but real progress in all areas of the globe. In a nutshell our aim is to help alleviate poverty. Our objective is to raise funds and provide help and support, ensuring it reaches the people and places it needs to, without any unnecessary waste, red tape or delays.





Welfare and Health Services by ABLE CHARITABLE HOSPITAL, Behrola, Palwal.

Services by General Department

A lady gynecologist joined ABLE HOSPITAL in June 2016 and so we were able to serve the society specially women greater number this year. This was a dream come true. We were looking for one for years. The attendance of patients who needed services of gynecologist increased. Since she is highly qualified women doctor, women are more comfortable and happy with the treatment.

Total Number of gyny surgeries were 430 in 2017and department carried 73 camps on women problems.



Services by Eye Centre

Free cataract operations are really serving the community. Old people from far flung areas are brought to the hospital, operated upon, kept in the hospital for a day or two as required and when found to be fully cured and dropped to the respective villages. Over 1600 operations were done in 2017.

National Small Industries Corporation showed great consideration to reduce blindness in the country. They gave funds again 2017 to do 500 Free Cataracts, Operations for poor. This we have to completed in three months which ABLE took as a challenged; we completed the given target well in time.



Our projects are of great importance to the very needy that would have either not progressed in life but for the education support given by ABLE or may have become blind but for the intervention of ABLE. This

involve going to the villages, identifying the cataract cases, bringing them to the hospital carrying out the operations and dropping them back.

Services by General Surgery department

Total Surgeries done by ABLE HOSPITAL in year-2017 were-700.



ABLE Charities Thank All The Supportees and Donors

Members of executive council of ABLE Charities (India)

Sh. P. K. Khullar

Sh. Om K. Khullar

Sh. Jagiit Lal

Mrs. Rani Lal

Mr. S. C. Mahna

Mr. Raiesh Mahna

Ms. Geeta Khullar

Thanks to Members of **ABLE Charities** (Faridabad Team)

Sh. Anand Mehta

Sh. Atul Chopra

Sh. Harsh Rampal

Mrs. Neeta Aneia

Mrs. Alka Khanna

Sh. Dhirender Jain

Thanks to our Special **Donors** (From Faridabad, Gurgaon)

Sh. Rajiv Chawla

Mr. Virender Khullar

Mr. H.S.Banga

Mr. Shanti Lal Jain

Mrs. Charu Sachdev

Ms. Suruchi (SHE Parlour)

Mr. Viiav Adlakha

Mr. Ajav Adlakha

Mr. Vevek Ghai

Mr. Amarjeet Kochhar

Thanks to our Special **Donors** (From Delhi)

Mr. Om K. Khullar (Baddi Foils Pvt. Ltd)

Mrs. Surender Soi

Mr. Ajay & Mrs. Radhika Bahl

Ms. Rita Tuli

Ms. Prabha Whig & Family

Mr.Inderjeet Kochhar

Thanks to Members of **ABLE Charities** (Palwal Team)

Mr. M.L. & Mrs. Poonam Bansal

Dr. Vandana Kalra

Mr. Rai Singh (Advocate)

Principal. Narayan Singh

Thanks to Members of UK, US & Canada

Suja Kataryas and Family, US

Dinesh Khullar, US

Gurdeep Khullar, US

Sunder Khullar, US

Kundan Kullar, Canada

Mona Bhalla, Canada

Rajiv Maini, US

D K Nangia, US

Naveen Miglani, US

Aradhna & Vinu Luthra, US

Mrs. Anu Gulati, UK

Mrs. Prakesh Katari, UK

Mr. Adrash & Surkesha Verma

Mrs. Rajrani Chawla

Thanks to

All members of ABLE YOUTH

EIS Technologies Pvt. Ltd, Hyadrabad.

Roshan Lal Public Charitable Trust, Noida.

And all the Doctors and Staff of **ABLE Charitable** Hospital, Palwal

HELP US TO HELP THOSE WHO CAN NOT HELP THEMSELVES. I WOULD LIKE TO DONATE

USA: ABLE USA Inc. Charity Number DLN17053260015033 as per IRS letter dated Jan 13, 2004.

ENGLAND: ABLE Charitable Trust. UK Regd. Charity No 1067010.

INDIA: ABLE Charitable Hospital, Charity No. S/25077 of 1993 (Delhi)

ABLE Charities, Yes Bank, Acc.No: 006990300000048, IFSC Code: YESB0000069

For bank details & addresses in respective countries contact:

E-mail: ableindia@yahoo.com | website: www.ableindiacharities.com | Mobile: 00-91-9811157104

DONATIONS CAN BE MADE IN ANY OF THE COUNTRIES WHERE IT IS TAX EXEMPT



For further details contact: 885, Sector – 15, Faridabad (India) – 121007 Mobile: +91-9811157104, 9873006258

ABLE CHARITABLE HOSPITAL, PREM GHAR (Home of Love and Hope) Village: Behrola, Palwal, Faridabad (Haryana) India

E-mail: ableindia@yahoo.com Website: www.ableindiacharities.com

Major Sponsors & Donors:









Roshan Lai Public Charitable Trust, Noida

























